

Powder Container Capacities

For HDPE and PET containers and canisters

Protein Powder

Gross Weight	Container Size
99g (0.218lbs)	12oz
132g (0.29lbs)	16oz
165g (0.364lbs)	20oz
206g (0.454lbs)	25oz
264g (0.582lbs)	32oz, 1000cc
279g (0.615lbs)	1000cc
297g (0.654lbs)	36oz
363g (0.8lbs)	44oz, 1500cc
419g (0.923lbs)	1500cc
454g (1lb)	55oz
495.3g (1.09lbs)	60oz, 2000cc
558g (1.23lbs)	2000cc
578g (1.27lbs)	70oz
595g (1.31lbs)	72oz
660g (1.45lbs)	80oz, 2500cc
698g (1.54lbs)	2500cc
768g (1.69lbs)	2750cc
825.5g (1.82lbs)	100oz, 3000cc
838g (1.85lbs)	3000cc
1.12K (2.46lbs)	4000cc
1.36K (3lbs)	1 Gallon
2.27K (5lbs)	2 Gallon Bullet
2.27K (5lbs)	2 Gallon Short
2.73K (6lbs)	2 Gallon Regular

Carbohydrate Powder

Gross Weight	Container Size
218g (0.48lbs)	12oz
291g (0.64lbs)	16oz
364g (0.8lbs)	20oz
454g (1lb)	25oz
582g (1.28lbs)	32oz, 1000cc
615g (1.36lbs)	1000cc
655g (1.44lbs)	36oz
800g (1.76lbs)	44oz, 1500cc
922g (2.03lbs)	1500cc
1K (2.2lbs)	55oz
1.09K (2.4lbs)	60oz, 2000cc
1.23K (2.71lbs)	2000cc
1.27K (2.8lbs)	70oz
1.31K (2.88lbs)	72oz
1.46K (3.21lbs)	80oz, 2500cc
1.54K (3.38lbs)	2500cc
1.69K (3.72lbs)	2750cc
1.82K (4lbs)	100oz, 3000cc
1.85K (4.06lbs)	3000cc
2.46K (5.41lbs)	4000cc
2.27K (5lbs)	1 Gallon
4.09K (9lbs)	2 Gallon Bullet
4.09K (9lbs)	2 Gallon Short
4.54K (10lbs)	2 Gallon Regular



CONTAINER
AND **PACKAGING**